



March 31-April 2, 2023

**Join us at FL College of Integral Medicine (FCIM) for a live, hands-on event:
9:00 am – 5:00 pm; 21 CEU (CAINCCAOM)**

**THE ALCHEMY OF HEALTHY AGING:
“SPARKING THE SHEN”**

featuring:

Mary Elizabeth Wakefield, L. Ac., M. S., M. M.
MichelAngelo, M. F. A., C. T. M.

Ms. Wakefield is a leading international authority in facial acupuncture, and one of only two American acupuncture educators ever to be awarded the title of Educator of the Year by the AAAOM. She and MichelAngelo are delighted to be able to present this one-of-a-kind seminar for FSOMA!!



A unique 3-day certification series synergizing Eastern and Western alchemical traditions in a transformational, yet practical, hands-on experience.

This seminar has never been offered as a standalone event in the United States!



TUITION:

Early bird discounted rate (prior to January 1, 2023)

Seminar (non-FSOMA): \$650
FSOMA members: \$585
FSOMA students: \$325

Regular rate (after January 1, 2023)

Seminar (non-FSOMA): \$750
FSOMA members: \$675
FSOMA students: \$375

*Contact Chi-Akra Center for Ageless Aging with questions about seminar content:
chi.akra@gmail.com, www.facialacupuncture-wakefieldtechnique.com;
888-652-5550/212-593-1954

CLICK HERE TO REGISTER

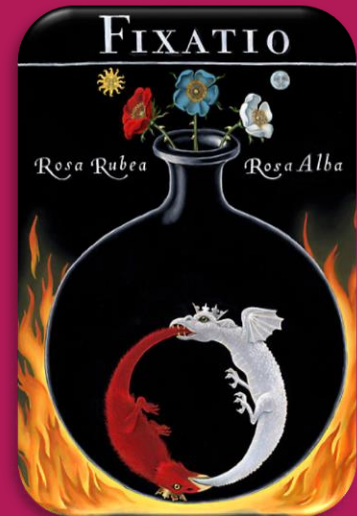
please contact MichelAngelo with any other relevant inquiries.

The pursuit of alchemy is one of the more profound legacies of the ancient world. Its purpose is to liberate the spirit from matter, and in Taoist alchemical practices, thereby promote longevity, even immortality; in the context of what we can refer to as “facial” alchemy, facial and constitutional needling liberates Shen spirit from within the body, which manifests as increased radiance in the face. The face thereby provides a “window” into the alchemical retort, allowing us to witness the transformative process as it takes place. We refer to this process as “sparking” the Shen.

During this mutual evolutionary journey, we, as practitioners, can clarify intention and enhance the vitality of our Qi so as to function more effectively as guides to our patients, interacting with them on a profound level.

Topics to be covered:

- ✚ An alchemical paradigm of healing: Eastern vs. Western alchemy
- ✚ The historical quest for healthy aging, with reference to practices of the Han and Sung Dynasties
- ✚ “Facial Alchemy” benefits and contraindications
- ✚ Treating 12 facial wrinkles by needling the origin and insertion of the associated muscles
- ✚ Alchemical body points to be used in facial acupuncture treatment protocols
- ✚ Eight Extraordinary meridians
- ✚ Facial asymmetry and the Central Corridor of Qi treatment
- ✚ Physiognomy: the 13 Taoist positions of the face
- ✚ Practical specifics: benefits and contraindications for facial, constitutional and psychospiritual treatment, plus general rules, treatment timelines, maintenance treatments, short and long-term effects, etc.
- ✚ Herbal treatments: a step-by-step guide, integrating needling protocols with topical Chinese herbs, masks, poultices, natural creams and cleansers, essential oils, jade rollers, gem discs, etc.
- ✚ Practical wisdom: insights drawn from Ms. Wakefield’s 30+ years of experience



Included in the seminar:
handouts (booklet), Chinese
herbs, essential oils, creams,
jade rollers, etc., used in the
treatments, CEs/PDAs. An
online referrals listing will also
be created.

Cancellation Policy:

Cancellation requests must be made
in writing no later than 4 weeks prior
to the first day of the seminar; no
refunds will be granted after that
date. A \$50 processing fee will be
charged for any cancellations prior to
that date.

Any cancellations after 1 March
2023 are subject to conditions of
force majeure, i.e., act of God, and
our interpretation of the same.